Access to Higher Education Diploma

Subject Descriptor for Medicine

Pilot: September 2020
Full implementation: September 2021
Section 1: Introduction

1 The Access to HE Diploma

The Access to HE Diploma is a qualification regulated by the Quality Assurance Agency for Higher Education (QAA). It is an academic, credit-based qualification, comprising units of assessment expressed as learning outcomes and assessment criteria. The credit requirement for the achievement of any Access to HE Diploma is 60 credits, with 45 of these credits coming from units which are concerned with academic subject content at Level 3 and graded; the remaining 15 credits come from ungraded Level 2 or Level 3 units.

The awarding bodies for the Access to HE Diploma are known as Access Validating Agencies (AVAs). While all Diplomas must comply with the structural requirements of the Diploma specification, there is flexibility within these requirements for AVAs to approve Diplomas which are structured in different ways and with a different range of content.

The purpose of the Diploma is to provide academic preparation for higher education study for adults who, because of social, educational or individual circumstances may have achieved few, if any, prior qualifications. Access to HE courses are particularly targeted at socially disadvantaged groups that are underrepresented in higher education. This academic preparation takes the form of academic knowledge and understanding in one or more subjects and the academic skills needed to undertake and succeed in study at higher education level.

2 Aim

The aim of the subject descriptor is to bring greater standardisation to Diplomas titled Access to HE Diploma (Medicine). This will allow the medical schools currently accepting Access to HE students for direct entry to have greater confidence that an unfamiliar Diploma will be very similar in selection, content and assessment to those that they currently accept. It may also encourage those medical schools not currently accepting Access to HE students to review their admissions policies based on a clear definition of an Access to HE Diploma (Medicine) student.

3 Purpose of the subject descriptor for Medicine

The purpose of this subject descriptor is to define the minimum requirement of content for a Diploma that is designed and publicly claims to provide the preparation needed for progression to undergraduate study in Medicine. AVA compliance with the use of the subject descriptor in Medicine will be mandatory. The title of this Diploma will be Access to Higher Education Diploma (Medicine).

The subject descriptor will also include recommendations for:

- the delivery and assessment of such Diplomas
- the potential selection requirements (beyond qualifications) and the desired attributes of applicants.

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1 For full details of Diploma structures and how Diplomas are graded, see the Access to HE Diploma Specification 2013 and Grading Scheme Handbook: [www.qaa.ac.uk/access-to-he/access-to-he-resources](http://www.qaa.ac.uk/access-to-he/access-to-he-resources)

2 The way in which AVAs operate is regulated by QAA through the Access to HE Recognition Scheme: [www.qaa.ac.uk/access-to-he/regulation-and-licensing](http://www.qaa.ac.uk/access-to-he/regulation-and-licensing)

For a full list of current AVAs: [www.qaa.ac.uk/en/access-to-he/regulation-and-licensing/avas/ava-profiles](http://www.qaa.ac.uk/en/access-to-he/regulation-and-licensing/avas/ava-profiles)
The intention is that this subject descriptor will provide information regarding the expected/recommended areas of study for progression into Medicine but also allow AVAs and providers a degree of flexibility.

The subject descriptor for Medicine should also provide higher education admissions staff with confidence that a student achieving such a Diploma has covered the specified content, although it does not guarantee that a student who achieves such a Diploma will gain entry to a higher education course; other requirements for entry to undergraduate courses may be required by higher education providers.

All AVAs offering this Diploma will be subject to additional monitoring activities, which will include a spot check on the content of the Diploma and the marketing by the provider.

4 How to use this descriptor

The subject descriptor for Medicine must also meet all the requirements of the Access to HE Diploma Specification and the Access to HE Grading Scheme Handbook.
Section 2: Framework for the subject descriptor in Medicine

5 Content of subject descriptor

The content of the descriptor was determined with reference to the following principles:

- It should specify the minimum content requirements for the adequate preparation of Access to HE students for progression to and success in an undergraduate course in Medicine.

- These requirements should establish consistency, while allowing sufficient flexibility for AVAs and providers to determine how the content should be structured and delivered, and what additional content is included.

- The preparation needed for this progression route resides in a sound understanding and knowledge in key subjects, the development of skills in academic study, and an introduction to higher education learning and assessment context. It should not, at this stage, seek to directly address the skills and competences of the practitioner.

6 Summary of requirements for this subject descriptor

<table>
<thead>
<tr>
<th>Mandatory subjects</th>
<th>Minimum credit requirement at graded Level 3</th>
<th>Minimum credit requirement at ungraded Level 3</th>
</tr>
</thead>
<tbody>
<tr>
<td>Chemistry</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>Biology/human biology</td>
<td>15</td>
<td></td>
</tr>
<tr>
<td>Other science/mathematics</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Use and comprehension of numerical data</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Study skills</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td>Professional behaviours</td>
<td></td>
<td>3</td>
</tr>
<tr>
<td><strong>Total credit values</strong></td>
<td><strong>39</strong></td>
<td><strong>9</strong></td>
</tr>
<tr>
<td>Credits remaining</td>
<td><strong>6</strong></td>
<td><strong>6</strong></td>
</tr>
<tr>
<td>Diploma credit total</td>
<td><strong>45</strong></td>
<td><strong>15</strong></td>
</tr>
</tbody>
</table>

The remaining credits may be used within any of the graded mandatory subjects identified in the framework.

The remaining credits may be used within any of the mandatory subjects identified in the framework as graded or ungraded.
Content and credit requirements by subject - GRADED UNITS

<table>
<thead>
<tr>
<th>Mandatory 1</th>
<th>Chemistry</th>
<th>Level</th>
<th>3, graded</th>
<th>Minimum credit value</th>
<th>15</th>
</tr>
</thead>
</table>

**About this subject**

Much of the scientific content of Medicine is built upon a foundation of principles of chemistry. Medicine degree programmes will not usually include any chemistry teaching, so this understanding needs to be acquired before commencing a medical course. Chemistry is also considered by medical schools to demonstrate the ability to understand and apply scientific concepts that are sometimes quite abstract. Students without this ability are likely to struggle at medical school. Most medical schools include A-level chemistry among their entry requirements, so Access to HE students will be in a stronger position as they can demonstrate that they have studied chemistry to a standard equivalent to A-level.

**Required content to be covered in the 15 credits**

Fundamental chemical concepts and applications to organic molecules, to include:

- atoms, ions and molecules
- chemical bonds
- chemical formulae
- the periodic table
- quantitative chemistry, including molar calculations
- acids and bases
- rates of reaction and equilibria, influence of changing conditions
- reaction energies/enthalpy
- interpretation and production of graphs
- characteristics and reactions of organic compounds.

Chemistry content within the 15 credits may also include appropriate examples of chemical analysis (for example spectroscopy) and synthesis.

Evidence of design, performance and interpretation of laboratory experiments must be included in the criteria for award of chemistry credits.

**Additional chemistry**

Further chemistry content may be included from the remaining credits. These credits should ideally focus on medical and other real-world applications of chemistry (for example, drugs, diagnostic tests) and sustainable chemistry (for example, petroleum alternatives, recyclable/degradable polymers).
**Mandatory 2**  
**Biology/human biology**  
**Level** 3, graded  
**Minimum credit value** 15

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**About this subject**

Medicine demands a thorough understanding of how the human body works, how it goes wrong in disease and how it can be put right again through medical or surgical interventions. A large proportion of the early stages of the medicine degree curriculum will involve study of human structure (anatomy) and function (physiology), as well as mechanisms of disease (pathology). Medicine degree programmes require a sound grasp of basic principles of biology.

**Required content to be covered in the 15 credits**

Fundamental biological concepts and applications to human health and disease, to include:

- levels of organisation: organism, organ system, organ, tissue, cell, organelle, molecule, atom
- cell structure, including subcellular organisation and the maintenance of the intracellular environment
- biological molecules and macromolecules, including utilisation of fuel molecules
- processes of cell division, gene expression and protein synthesis
- principles of heredity
- structures and functions of major body systems, including cardiovascular, respiratory, gastrointestinal, and at least two of the following: musculoskeletal, nervous, urinary, reproductive, integumentary, endocrine, immune.

Evidence of design, performance and interpretation of laboratory experiments must be included in the criteria for award of biology credits.

**Additional biology/human biology**

Further biology/human biology content may be included from the remaining credits. These credits should ideally focus on applications to human health and disease, particularly emphasising current/future developments, for example, biotechnology.

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**Mandatory 3**  
**Other science/mathematics**  
**Level** 3, graded  
**Minimum credit value** 9

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**About this subject**

Learning about the structure and function of the human body requires understanding of some basic principles of physics, particularly the nature of forces and energy. An understanding of pressures is vital to comprehension of the functions of the respiratory, cardiovascular and urinary systems; conversion of electrical to chemical energy (and vice versa) is the basis of the working of the nervous system, while conversion of chemical/electrical to mechanical energy is key to the workings of the musculoskeletal system.

Doctors also need to be confident in handling and manipulating numbers, both in the context of everyday calculations and in the application of numeracy to medical problems at the individual, community and population level.
Indicative content within the 9 credits

Fundamental physical concepts, may include:

- the nature of forces and energy
- understanding of pressures
- radiation, waves and particles (including environmental radiation)
- physics of the eye, lenses and refraction, focussing
- physics of the ear, principles relating to sound propagation and conduction
- fundamentals of electricity: charge, potential and current
- conversion between mechanical/chemical and electrical energy.

Fundamental mathematical concepts, may include:

- applications to scientific, statistical and epidemiological/public health problems
- use of powers and logarithms, standard form
- data types, distributions, measures of central tendency and dispersion, definition and testing of hypotheses.
- presentation of data using graphs and tables (the ability to show data in an appropriate form of a table or graph).

8 Content and credit requirements by subject - UNGRADED UNITS

<table>
<thead>
<tr>
<th>Mandatory 4</th>
<th>Use and comprehension of numerical data</th>
<th>Level</th>
<th>3, ungraded</th>
<th>Credit value</th>
<th>3</th>
</tr>
</thead>
</table>

About this subject

Doctors must be comfortable using numbers in routine and high pressure situations, for example in the form of test results, drug dosages and fluid resuscitation volumes. They also need to be able to rapidly and accurately interpret graphical and tabular representations of data.

Required content to be covered in the 3 credits

Fundamental numerical data concepts and applications, to include:

- perform routine calculations using basic arithmetic and algebra, and apply these to a variety of scenarios, ideally including some which are medically related. This should include:
  - proportions and percentages
  - rearrangement/simplification of equations
- interpretation of graphs and tables (the ability to explain what a graph or table shows).
About this subject

Medical students need to be able to study effectively and efficiently in order to meet the demands of the programme. Many of these skills are also transferable to their future medical careers.

Indicative content, which may be covered in the 3 credits

Fundamental study skills may include:

- note taking and distilling information to produce a concise and accurate record from, for example, lectures
- identifying learning styles
- research - identifying relevant and reliable sources; critical analysis
- exam/revision strategies
- academic writing (proofing and editing)
- effective communication - reading/writing/presentation (academic speaking)
- referencing
- record keeping and information management.

A national unit on professional behaviours will be developed and validated by February 2020.

9 Assessment

QAA has sought guidance from Medical Schools Council (MSC) with regard to assessment of this Diploma. Feedback from medical schools suggested a preference for:

- formal examinations that are comparable in format to first/second year undergraduate and A-level in style, to include multiple-choice [single best answer and possibly extended matching] questions
- Access to HE students to be subject to end of unit exams as well as end of year exams, the latter to demonstrate retention of information.

This subject descriptor does not require for Access to HE Diploma (Medicine) students to sit end of year examinations. However, Access to HE students should have the opportunity to experience and demonstrate achievement in assessments to fully support their transition into higher education which is varied and inclusive. This should include the following forms of assessment:

- a substantial number of time constrained, unseen assessments or examinations, ideally to include at least one instance of single, best answer, multiple choice questions
- at least one each of the following
  - essay prepared using relevant academic conventions
  - report using practical, research, mathematical, statistical and writing skills as appropriate
  - oral presentation to include visual aids and appropriate resources
  - reflective accounts.
Access to HE providers should identify the units or clusters of units within the course that present the most appropriate opportunities to use these forms as a vehicle for assessment, and decide how best to sequence them to create an effective assessment strategy for the Diploma.

10 Entry requirements

A Entry requirements onto an Access to HE Diploma

QAA published guidance recommends to providers that entry onto Access to HE Diplomas should be made according to transparent and justifiable criteria, and should include reference to:

1 The match between the applicant's aims and goals and the primary aim of the programme as a preparation for study in higher education the applicant’s ability to benefit from the programme.

2 The applicant's potential to meet the demands of the programme and complete the programme requirements successfully.

3 The applicant's life experience - successful applicants will normally have substantial experience of life outside of formal education, gained since completing compulsory schooling or higher education. This experience may support their application into higher education.

4 The applicant's educational experience - where an applicant has recently undertaken the whole, or part of, another Level 3 course, the application should be considered with particularly careful reference to points 1-3, above.

Please note that the above list applies to entry on all Access to HE Diplomas, including Access to HE (Medicine). Providers must be mindful of the academic and other requirements of medical schools when making admissions decisions for Access to HE (Medicine) students.

It is the responsibility of the provider to ensure that accepted applicants to Access to HE Diplomas meet the eligibility requirements of medical schools.

B Entry requirements for Medicine degree programmes

The following information is for guidance purposes only and should be confirmed with medical schools directly.

- Medical schools set their own entry requirements for medicine degree programmes, this will include specific grade requirements for students studying an Access to HE Diploma (Medicine). These requirements may be converted in to UCAS Tariff Points. These entry requirements are set to ensure students have the right skills and knowledge to successfully complete the course. The Medical Schools Council publishes the entry requirements for all UK medical schools.

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5 [www.qaa.ac.uk/access-to-he/access-to-he-resources](http://www.qaa.ac.uk/access-to-he/access-to-he-resources)
7 [www.medschools.ac.uk/media/2357/msc-entry-requirements-for-uk-medical-schools.pdf](http://www.medschools.ac.uk/media/2357/msc-entry-requirements-for-uk-medical-schools.pdf)
• Medical schools are likely to require all applicants to take an additional aptitude test - either the University Clinical Aptitude Test (UCAT) or the Biomedical Admissions Test (BMAT) - and the latest dates for taking these will be early in the academic year; scores for these tests might be a significant factor in selection for interview.

• Grades at GCSE or equivalent are usually considered as part of the application for medicine, but medical schools place varying emphasis on them.

• Applicants to medical school will be required to show an understanding of what a career in medicine involves. To assess this, many medical schools include work experience among their criteria for application.

• Medical schools will look for certain skills and attributes which they believe make an ideal candidate.\(^8\)

• Admissions criteria for medical schools can change every year. Providers should check the websites of the medical schools on a regular basis.

• All medical schools will interview as part of their selection process. Access to HE students should receive advice on interview preparation early in the programme.

• There may be health, financial, or Disclosure and Barring Service (DBS) or Protecting Vulnerable Groups (PVG) checks, which check if you have a criminal record. This information will be set out in the course details.

• It is the responsibility of the applicant to check for any other requirements, beyond qualifications that may be required by a medical school.

\(^8\) [www.medschools.ac.uk/studying-medicine](http://www.medschools.ac.uk/studying-medicine)
Section 3: Professional body information

The General Medical Council (GMC), works to protect patient safety and improve medical education and practice across the UK. It sets the standards and outcomes for medical education and training in the UK. The GMC also regulates all stages of doctors’ training and professional development and assures the quality of medical education and training.
## Section 4: Useful links

<table>
<thead>
<tr>
<th>Organization</th>
<th>Website</th>
<th>Information</th>
</tr>
</thead>
<tbody>
<tr>
<td>General Medical Council (GMC)</td>
<td><a href="http://www.gmc-uk.org/education">www.gmc-uk.org/education</a></td>
<td>Information about the standards for education and training set by the GMC</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.medschools.ac.uk/studying-medicine">www.medschools.ac.uk/studying-medicine</a></td>
<td>Welcomed and valued</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.medschools.ac.uk/studying-medicine/applications/entry-requirements">www.medschools.ac.uk/studying-medicine/applications/entry-requirements</a></td>
<td>Information from MSC for students wishing to study medicine</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.medschools.ac.uk/studying-medicine/applications/entry-requirements">www.medschools.ac.uk/studying-medicine/applications/entry-requirements</a></td>
<td>Entry requirements for medicine for individual medical schools</td>
</tr>
<tr>
<td>UCAS</td>
<td><a href="http://www.ucas.com">www.ucas.com</a></td>
<td>List of all medical degrees available in the UK</td>
</tr>
<tr>
<td>British Medical Association (BMA)</td>
<td><a href="http://www.bma.org.uk/advice/career/studying-medicine/becoming-a-doctor">www.bma.org.uk/advice/career/studying-medicine/becoming-a-doctor</a></td>
<td>BMA guide on how to become a doctor</td>
</tr>
<tr>
<td>Medical school entry tests</td>
<td><a href="http://www.ucat.ac.uk/ucat">www.ucat.ac.uk/ucat</a></td>
<td>UCAT - admissions test used in the selection process by a consortium of universities in the United Kingdom, Australia and New Zealand for their medical and dental degree programmes</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.admissiontesting.org/for-test-takers/bmat">www.admissiontesting.org/for-test-takers/bmat</a></td>
<td>BMAT - aptitude test used as part of the admissions process for Medicine, Biomedical Sciences and Dentistry in some universities in the United Kingdom</td>
</tr>
<tr>
<td></td>
<td><a href="http://https://gamsat.acer.org/">https://gamsat.acer.org/</a></td>
<td>GAMSAT - an exam to assist in the selection criteria primarily for students who are applying to study medicine</td>
</tr>
<tr>
<td></td>
<td><a href="http://www.ucat.ac.uk">www.ucat.ac.uk</a></td>
<td>SJTace - admissions test used for entry to the Scottish Graduate Entry Medical Programme (ScotGEM)</td>
</tr>
<tr>
<td>QAA admissions guidance</td>
<td><a href="http://www.qaa.ac.uk/access-to-he/access-to-he-resources">www.qaa.ac.uk/access-to-he/access-to-he-resources</a></td>
<td>Guidance for the admission of students to QAA-recognised Access to HE programmes</td>
</tr>
</tbody>
</table>
Acknowledgements
Thank you to the Medical Schools Council, General Medical Council and Dr Gordon Dent, Keele University, School of Medicine, for their valued contributions to the development of this guidance.